



Important Information About Your Behavioral Health Telehealth Benefit

We want to clarify the details of the Access Discount Healthcare Telehealth benefit (ADHC), which is 100% sponsored by SCMEBF and is *not* a part of the EMHP program.

For **urgent behavioral health services**, please contact **ADHC**

Call ADHC directly at 1-844-636-3668
Or visit the website @ www.memd.me/scmebf

This benefit is at **\$0** cost to you

For **urgent care medical visits**, please contact **Teladoc Health**

Call Teladoc directly at 1-855-835-2362
Or via video @ [Teladoc.com/Aetna](https://www.teladoc.com/Aetna) or via the Aetna Health Mobil app by downloading the Aetna Health or Teladoc health app.

If you have further questions about your telehealth behavioral health services benefits, feel free to reach out to us.